Are You Struggling with Back Pain? You're Not Alone

If you are one of the 4 out of 5 Australians who experience back pain, you're not alone. Back pain is the single leading cause of disability globally and can often lead to poorer quality of life. Without proper treatment, the consequences can be severe, impacting your ability to lead a full and active life.

This Spinal Health Week (20-26 May) we are asking our patients and community to Consult a Chiro and stop back pain in its tracks. Right across the country, over 6.1 million Australians are suffering from debilitating back pain, making it a national health concern.

Regardless of your age or background, it's highly likely that you or a family member will experience back pain, which may even become chronic if left untreated. Chiropractic care is a low-risk and effective avenue of treatment for back pain and chiropractors have been successfully helping people with back pain for over 100 years and fully understand the functioning of the spine and the nervous system which runs through it.

If you suffer from back problems and you're tired of pain holding you back, chiropractic can help.

We at PURE | HEALTH are well-equipped to care for back pain and Spinal Health Week is a great time to make an appointment with us to find out how we can help alleviate the burden of back pain in your life. You can also visit spinalhealthweek.com.au for more information on how you can improve your spinal health and overall wellbeing.

In May, the team at PURE | HEALTH will be running a promotion to help combat back pain. More information below.

- **SPECIAL SPINAL HEALTH WEEK OFFER. Refer your friends or family this MAY and save up to 20%**
- **New Client: Initial session - $88**
- **Existing Client: Ongoing session - $52 for every successful referral**
- **Use promo code: SHW24**
- T&C's: The new client discount has to be claimed by 31st May 2024. Existing client ongoing sessions must be claimed by 31st May 2024 for the first discount. If there is more than 1 referral, it can be redeemed after May 2024.

BOOK TODAY!

(02) 9797 7873

https://www.pure-health.com.au/onlinebookings

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Chiropractic · Remedial Massage